



**icmr**  
INDIAN COUNCIL OF  
MEDICAL RESEARCH

**NCDIR**

NATIONAL CENTRE FOR DISEASE  
INFORMATICS AND RESEARCH

Impacting NCD Public Health Actions and Policies  
Collaborate Innovate Inspire

**75**  
Azadi Ka  
Amrit Mahotsav

# CALENDAR

# 2 0 2 2



ICMR - National Centre for Disease Informatics and Research (NCDIR), Bengaluru is a permanent institute established in 2011 to undertake research on major Noncommunicable diseases using modern tools and methods of Epidemiology, Information Technology and Biostatistics. The ICMR Bioethics Unit provides guidance on establishing highest standards of ethics in human health related research.

**Ministry of Health and Family Welfare  
Department of Health Research, Government of India**

**ICMR - National Centre for Disease Informatics and Research**

**Cancer**

**Stroke**

**Cardiovascular Diseases**

**Diabetes**

**Mortality**

**Bioethics**

**Public Health Research & Capacity Building**

**Collaboration, Innovation, Inspiration**



# 2022 January

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Makar Sankranti / Pongal	15
16	17	18	19	20	21	22
23	24	25	26 Republic Day	27	28	29
30	31					

- Cervical Cancer Awareness Month



**Health system  
assessment**



**Cancer treatment  
pattern, care and  
survival**



**Cancer incidence,  
trends and patterns in  
the population**



**Cancer epidemiology and  
surveillance training**

**NATIONAL  
CANCER  
REGISTRY PROGRAMME**

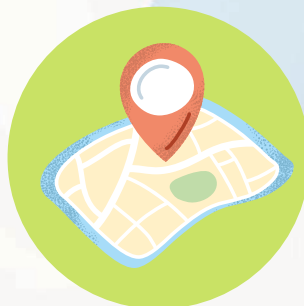
**India**



**Since 1981**



**Strengthening hospital  
services & patient care**



**Cancer atlas**

# 2022 February

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

- World Cancer Day (4th Feb)
- International Day of Women and Girls in Science (11th Feb)
- International Childhood Cancer Day (15th Feb)
- National Science Day (28th Feb)



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# **NATIONAL NONCOMMUNICABLE DISEASE MONITORING SURVEY (NNMS) 2017-18**



Scan to access report

<https://www.ncdirindia.org/nnms/>



**2020**

## **Monitoring Progress of the National NCD Targets to be Achieved by 2025**

**Tobacco, Alcohol, Diet, Physical Activity, Salt Intake, Hypertension,  
Diabetes, Overweight/Obesity, Essential Medicines & Technologies for NCDs**



# 2022 March

S	M	T	W	T	F	S
		1 Maha Shivratri	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- World Obesity Day (4th Mar)
- International Women's Day (8th Mar)
- No Smoking Day (9th Mar)
- World Salt Awareness Week (14th - 20th Mar)



# Public Webinars Addressing NCDs

- Lifestyle and Noncommunicable Diseases
- Reducing Health Inequalities in NCDs- Towards a Healthier Nation
- Dietary Salt Consumption Awareness
- Gallbladder Cancer Awareness
- Cervical Cancer Awareness
- Cancer Awareness Day

## Training / Webinars- Ethics

- ICMR-CCRAS Training on Research Ethics, GCP and Regulations for Biomedical and Health Research
- Roles & Responsibilities of Ethics Committee Members
- Ethical Issues in Research for State of Rajasthan
- Public Webinar on Ethics, Compassion, Dignity in End-of-Life Care & Death
- Ethics Program Under Cancer Epidemiology and Surveillance Training (CanEST)



# 2022 April

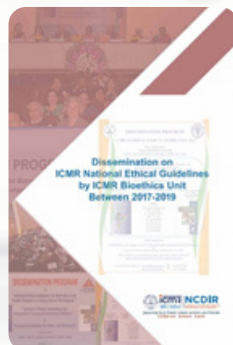
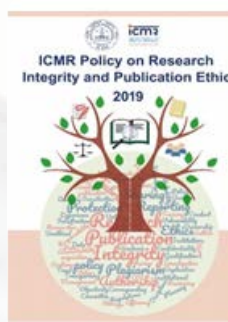
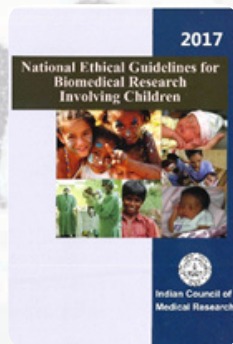
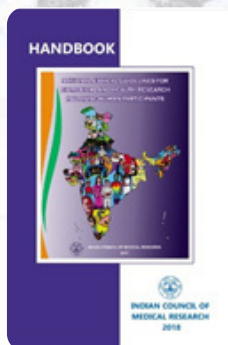
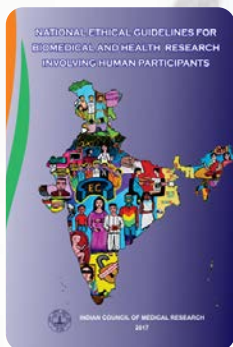
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 Mahavir Jayanthi	15 Good Friday	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- World Health Day (7th Apr)

# ICMR Bioethics Unit

ICMR Bioethics Unit guides the development and timely updation of national ethical guidelines, policies, reports, other supplementary documents and tools in relevant areas in order to address ethical aspects of biomedical and health research.

The unit is the first centre in the SEA-Region to be designated as a WHO Collaborating Centre for Strengthening Ethics in Biomedical and Health Research.



Scan to access

[https://ethics.ncdirindia.org/ICMR\\_Ethical\\_Guidelines.aspx](https://ethics.ncdirindia.org/ICMR_Ethical_Guidelines.aspx)

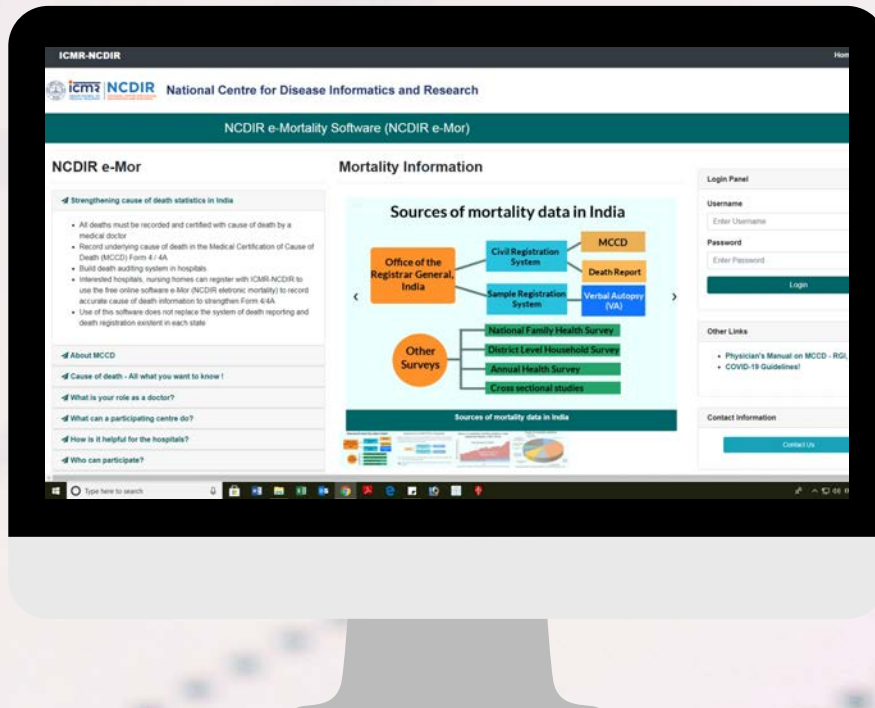


# 2022 May

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1	2	3 Idu'l Fitr	4	5	6	7
8	9	10	11	12	13	14
15	16 Buddha Purnima	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- World Hypertension Day (17th May)
- International Day of Action for Women's Health (28th May)
- World No Tobacco Day (31st May)

# Strengthening Cause of Death Recording Systems in India



## Guidance for appropriate recording of COVID-19 related deaths in India



### Correspondence to:

Director  
National Centre for Disease Informatics and Research  
Indian Council of Medical Research  
(Department of Health Research, Ministry of Health and Family Welfare, Govt. of India)  
NirmalBhawan-ICMR Complex (II Floor), Poojanahalli  
Kannamangala Post, Bengaluru – 562 110 (India)

Telephone: 080-22176300  
Email: [ncdir@ncdirindia.org](mailto:ncdir@ncdirindia.org)  
Website: [www.ncdirindia.org](http://www.ncdirindia.org)



Scan to access

[https://ncdirindia.org/Downloads/CoD\\_COVID-19\\_Guidance.pdf](https://ncdirindia.org/Downloads/CoD_COVID-19_Guidance.pdf)



# 2022 June

A silhouette of a person in a yoga pose, specifically the Urdhva Dhanurasana (Upward Bow) pose, is centered in the background. The person's arms are raised high, and their legs are bent at the knees, with one leg extended forward and the other back, creating a powerful, balanced shape.

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19	20	21	22	23	24	25
26	27	28	29	30		

- World Environment Day (5th Jun)
- Cancer Survivors Day (5th Jun)
- International Day of Yoga (21st Jun)



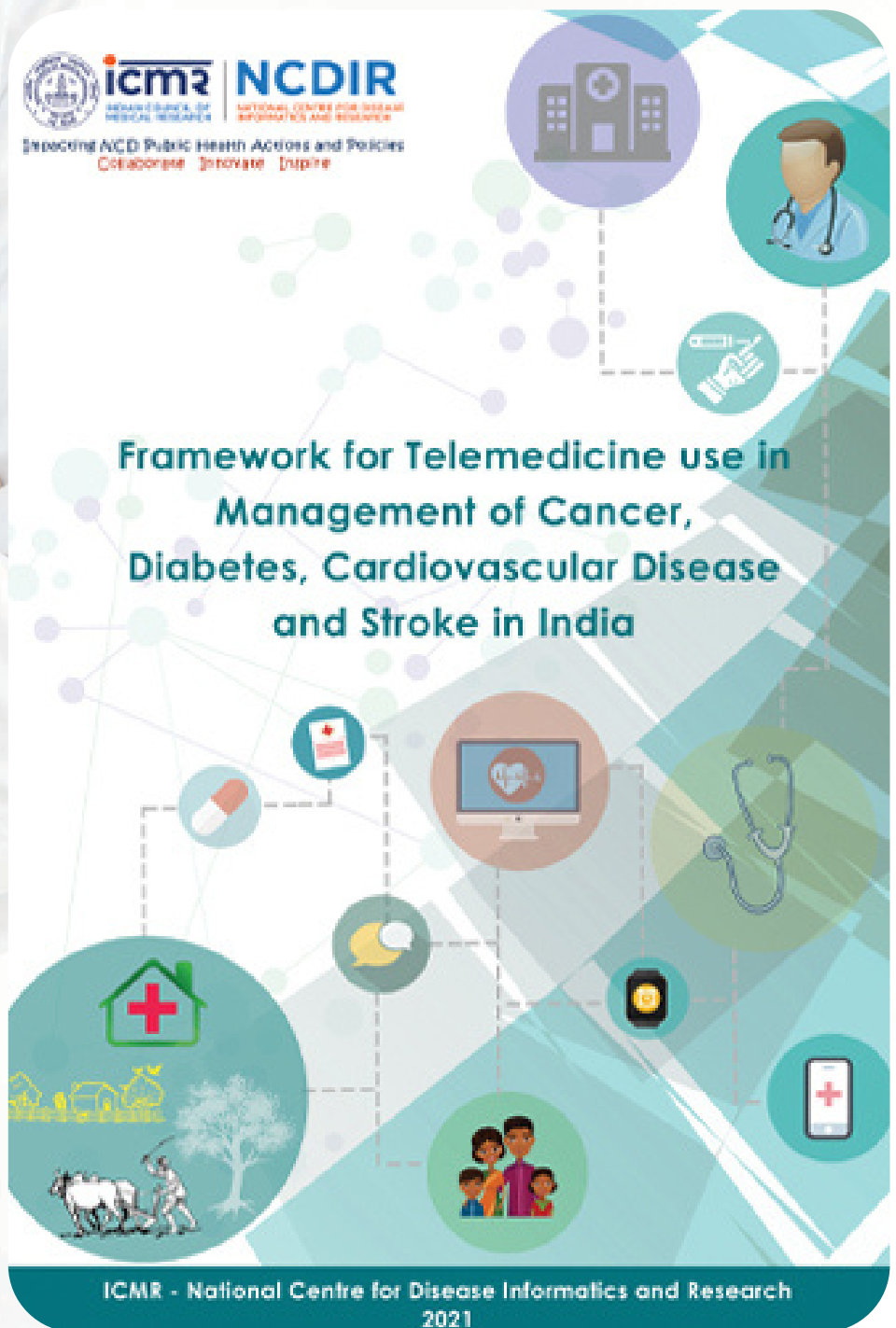
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# Guidelines for Physicians



Scan to access



[https://ncdirindia.org/All\\_Reports/Telemedicine/Default.aspx](https://ncdirindia.org/All_Reports/Telemedicine/Default.aspx)

- **Facilitate Doctor-Patient Interactions**
- **Improve Healthcare Services for Noncommunicable Diseases**



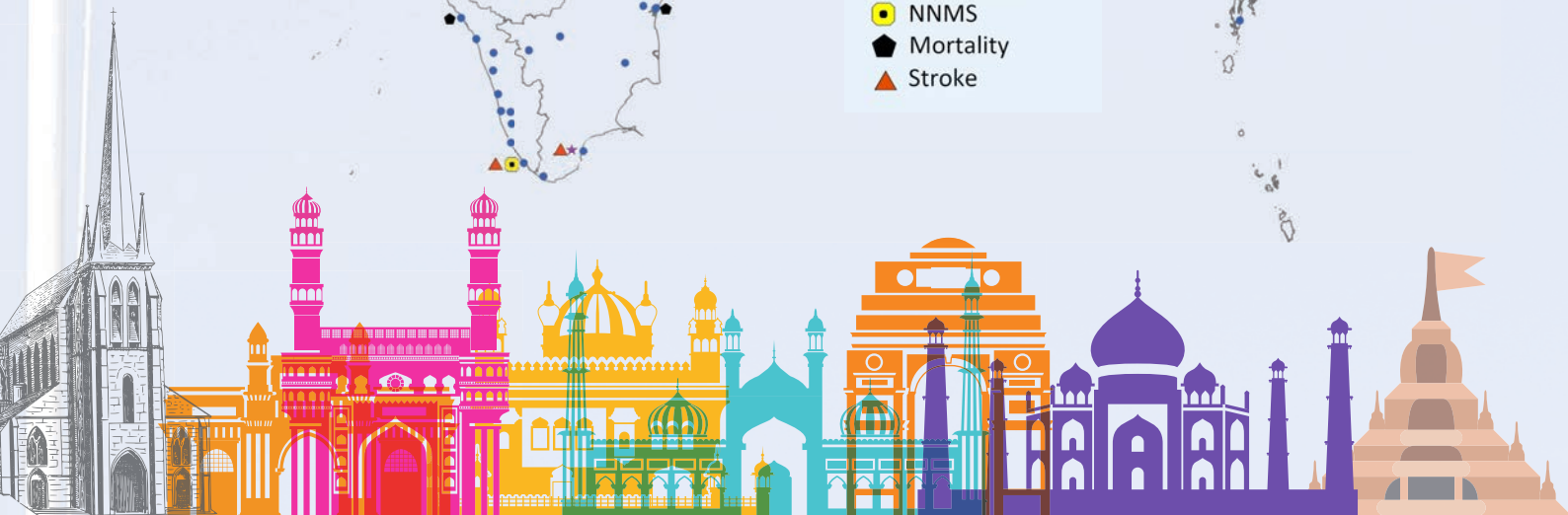
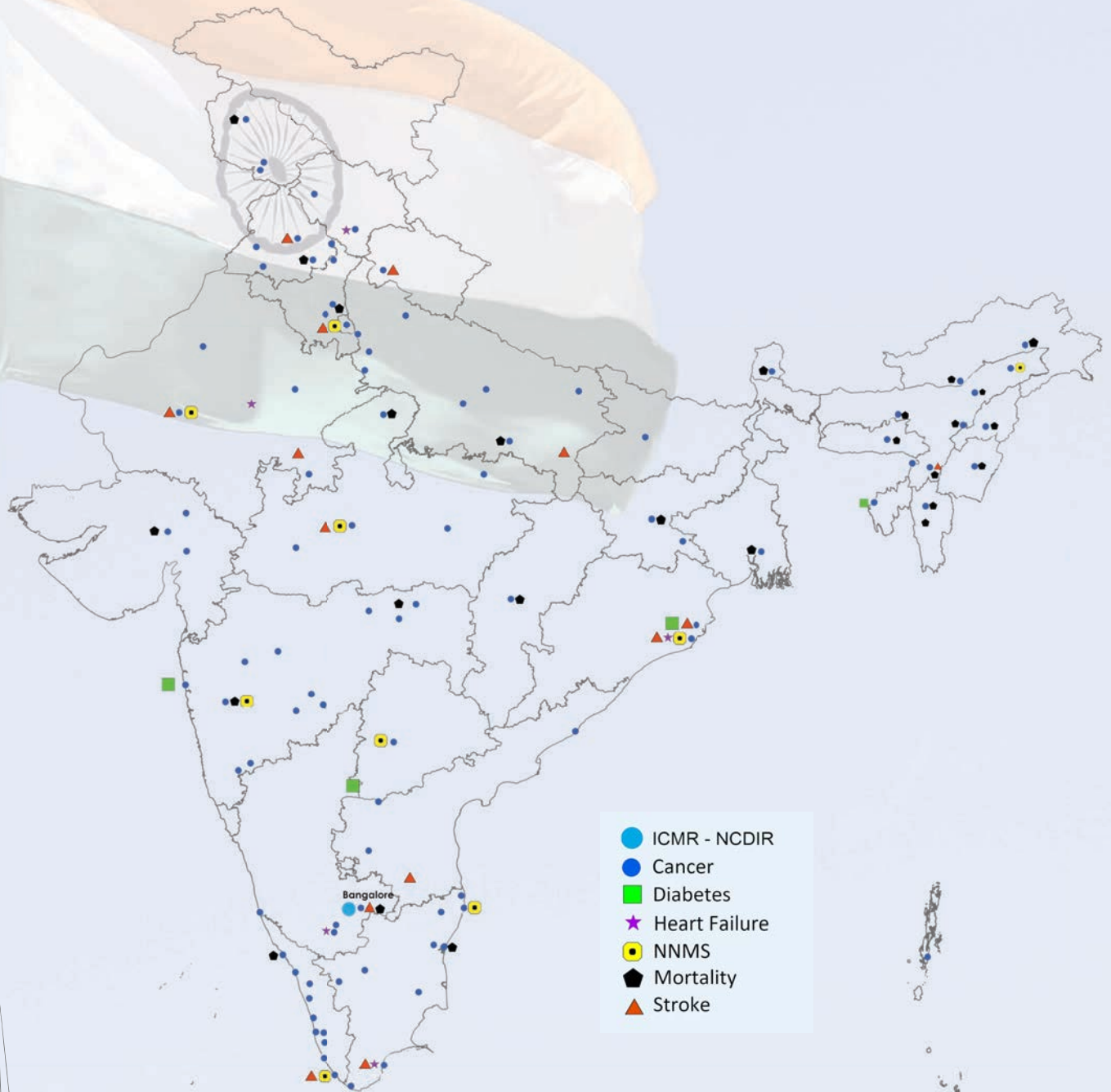
# 2022 July

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10 Idu'l Zuha (Bakrid)	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- National Doctor's Day (1st Jul)

# ICMR NCDIR - Network

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# 2022 August

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	1	2	3	4	5	6
7	8	9 Muharram	10	11	12	13
14	15 Independence Day	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Ganesh Chaturthi			

- World Lung Cancer Day (1st Aug)

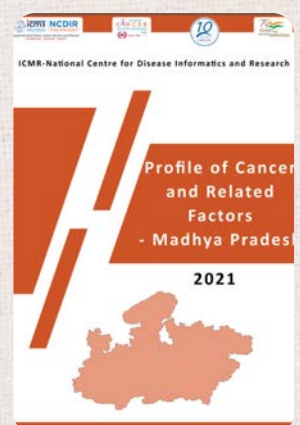
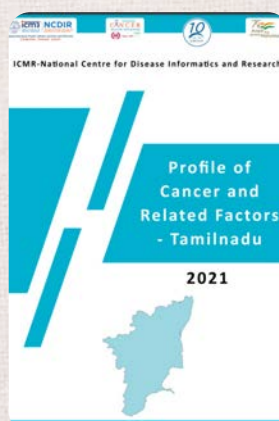
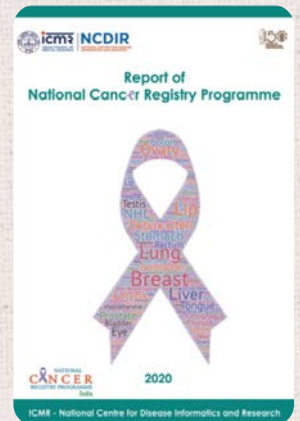
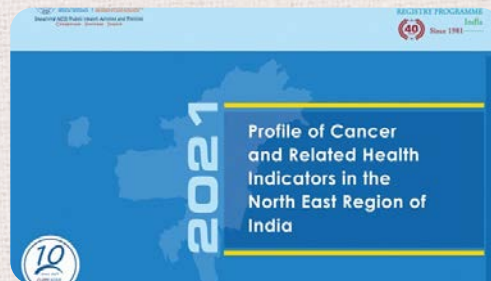
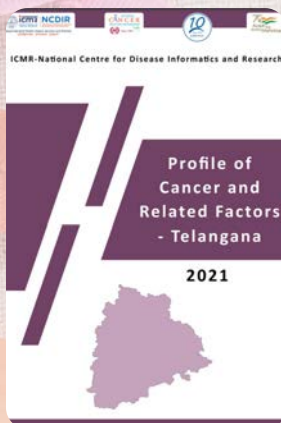
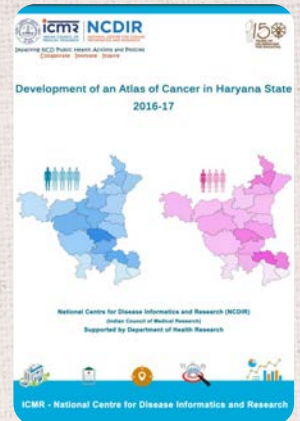


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# Cancer Registry Reports



Scan to access

<https://ncdirindia.org/Reports.aspx>



# 2022 September

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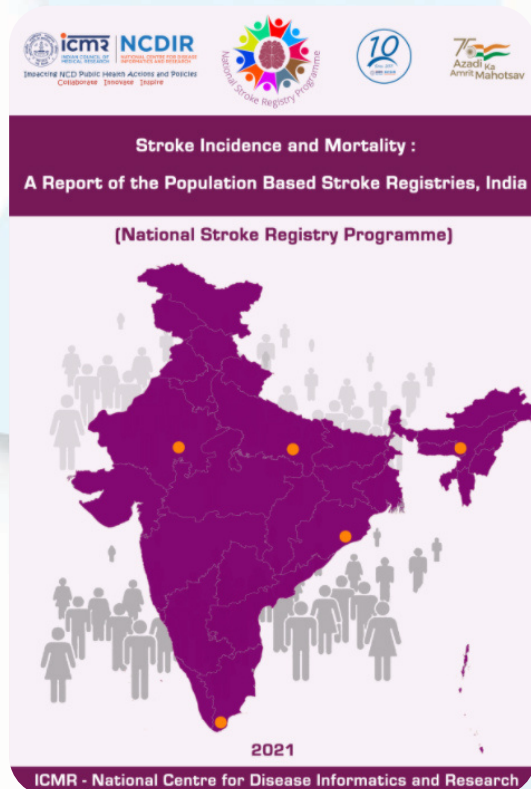
- Childhood Cancer Awareness Month
- National Nutrition Week (1st - 7th Sep)
- Global Week for Action on NCDs
- Teacher's Day (5th Sept)
- World Cancer Research Day (24th Sept)

# National Stroke Registry Programme (NSRP)

Stroke incidence and patterns in the population



Stroke treatment pattern and care in hospitals



Scan to access  
PBSR report

[https://ncdirindia.org/All\\_Reports/pbsrbook/default.aspx](https://ncdirindia.org/All_Reports/pbsrbook/default.aspx)



# 2022 October

S	M	T	W	T	F	S
						1
2 Mahatma Gandhi's Birthday	3	4	5 Dussehra	6	7	8
9 Id-e-Milad	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Diwali (Deepavali)	25	26	27	28	29
30	31					

- Breast Cancer Awareness Month
- World Mental Health Day (10th Oct)
- World Stroke Day (29th Oct)

# ICMR Bioethics Unit



WHO Collaborating Centre for  
Strengthening Ethics in  
Biomedical and Health Research



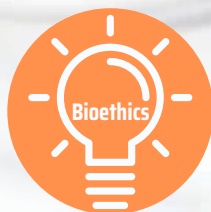
Ethics Advisory Unit of ICMR and  
its Network of Research  
Institutions



Nodal office for National Ethics  
Committee Registry for  
Biomedical and Health Research  
DHR MOHFW, Govt of India.



Secretariat for the ICMR-Central  
Ethics Committee on Human  
Research Registered with DHR  
and US-OHRP



Bioethics Resource Centre



Ethics Policy & Guidance,  
Capacity Building, Ethics Review,  
Networking and Research



# 2022 November



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		1	2	3	4	5
6	7	8 Guru Nanak's Birthday	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- National Cancer Awareness Day (7th Nov)
- World Diabetes Day (14th Nov)
- Children's Day (14th Nov)

# Cancer Prevention and Control

## Ways for Cancer Prevention and Control

### Health systems strengthening:

People centric, diagnostics & treatment, timely referrals & follow up.



### Universal health coverage:

No one is left behind



### Community empowerment:

Health literacy, stigmatization, home care



### Multi sectorial actions:

To minimize risks, health promotion



### Health promotion:

To include healthy lifestyles



### Policy and Programmes

### Risk Reduction

### Early Detection

### No tobacco use:

Smoking, smokeless, avoid second hand smoke



### No alcohol:

No initiation, cessation to be encouraged



### Eat healthy diet:

Low in salt, sugar, fats; green leafy vegetables; fresh fruits & legumes



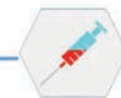
### Physical activity:

Enhance daily activity levels, avoid sitting for long hours



### Vaccination:

Hepatitis B, HPV



### Comply with treatment advised:

Early treatment can cure many cancers and reduce its severity



### Seek prompt medical advice:

For persisting abnormal complaints



### Participate in cancer screening activities:

As per norms of eligibility





# 2022 December

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25 Christmas Day	26	27	28	29	30	31

- Universal Health Coverage Day (12th Dec)



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# ICMR-National Centre for Disease Informatics and Research

II Floor of Nirmal Bhawan, ICMR Complex  
Poojanahalli Road, Kannamangala Post  
Bengaluru - 562 110, India.



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