

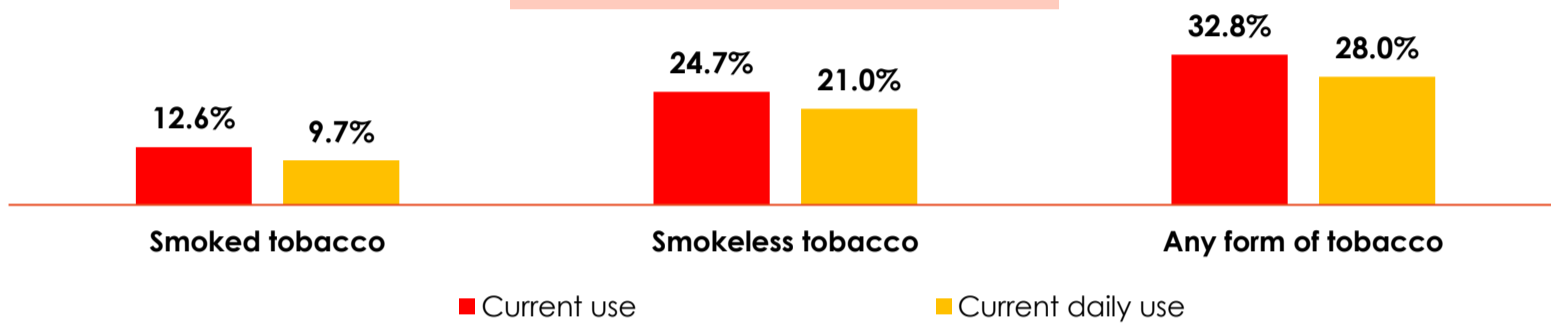
NATIONAL NCD MONITORING SURVEY (NNMS)

Oral, Head & Neck Cancers Awareness Month

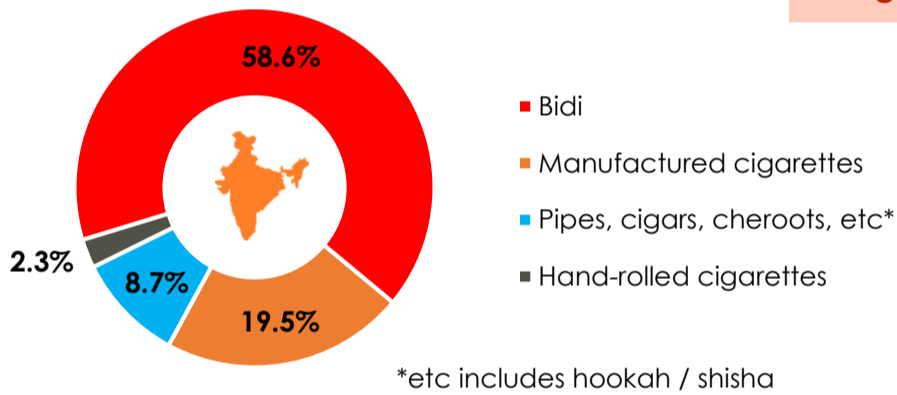
The **National Noncommunicable Disease Monitoring Survey (NNMS)** was a cross-sectional survey undertaken by ICMR-NCDIR in 2017–18. The survey covered a total of 12,000 households to provide national level evidence on key risk factors (both behavioural and metabolic) for noncommunicable disease (NCDs) among adults (18-69 years) and adolescents (15-17 years) residing in urban and rural areas. NNMS also provides national indicators for health seeking behaviours and health system response to address NCDs, that includes screening for oral, breast and cervical cancer. Information on screening for oral cancer was collected from adults aged 30-69 years and this included those reported to have ever undergone any clinical oral examination by a healthcare professional for early signs of oral cancer.

Key findings – Adults (18-69 years) – Tobacco use

Tobacco use - India

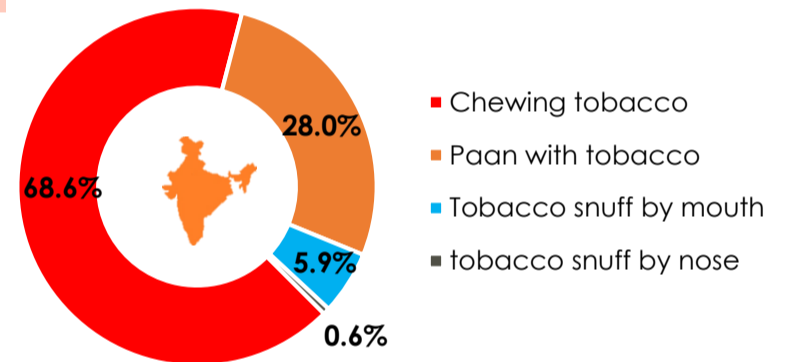


Type of smoked tobacco product used (%)



Among current daily users of tobacco

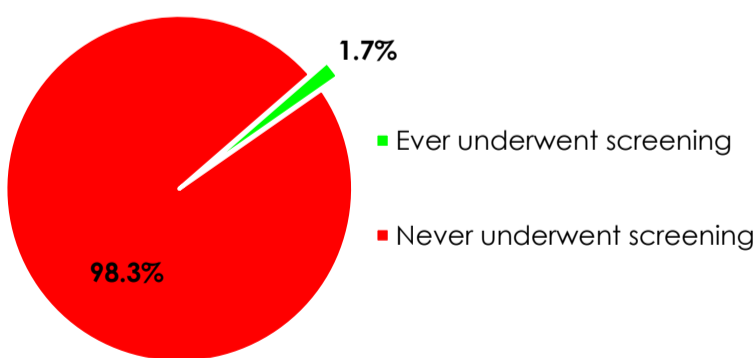
Type of smokeless tobacco product used (%)



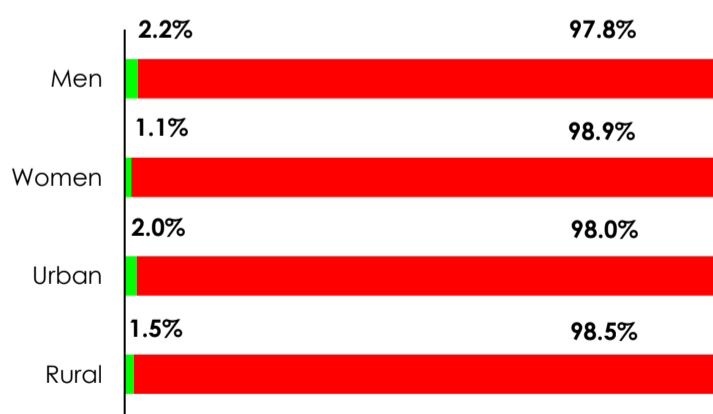
Key findings – Adults (30-69 years) – screening for oral cancer

Proportion of adults who ever underwent clinical oral examination by a healthcare professional for early signs of oral cancer

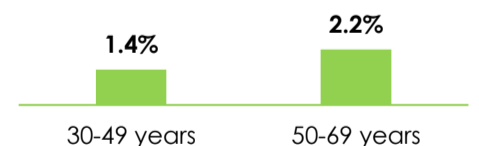
Adults 30-69 years



By gender and area of residence (30-69 years)



By age groups



Key implications to achieve global and national target: 25% reduction in premature deaths from NCDs (cardiovascular disease, cancer, diabetes, or chronic respiratory diseases) by 2025

- Health promotion to quit tobacco, adapt healthy dietary habits, regular physical activity to prevent the risk of cancer.
- To strengthen services for routine screening, early detection and counselling.
- To increase awareness on early symptoms and signs of oral cancers.

