



सत्यमेव जयते

प्रोफेसर (डा.) बलराम भार्गव, पदम श्री

एमडी, डीएम, एफआरसीपी (जी.), एफआरसीपी (ई.), एफएसीसी,
एफएएचए, एफएएमएस, एफएनएएस, एफएएससी, एफ.एन.ए., डी.एस.सी.

सचिव, भारत सरकार

स्वास्थ्य अनुसंधान विभाग

स्वास्थ्य एवं परिवार कल्याण मंत्रालय एवं

महानिदेशक, आई सी एम आर

Prof. (Dr.) Balram Bhargava, Padma Shri

MD, DM, FRCP (Glasg.), FRCP (Edin.),
FACC, FAHA, FAMS, FNAsc, FASc, FNA, DSc

Secretary to the Government of India

Department of Health Research

Ministry of Health & Family Welfare &

Director-General, ICMR



Message



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भारत सरकार

वी. रामलिंगस्वामी भवन, अंसारी नगर

नई दिल्ली - 110 029

Indian Council of Medical Research

Department of Health Research

Ministry of Health & Family Welfare

Government of India

V. Ramalingaswami Bhawan, Ansari Nagar

New Delhi - 110 029

ICMR-National Centre for Disease Informatics and Research (NCDIR) has established the National Stroke Registry Programme (NSRP) in India through population and hospital based registries. The **'Stroke Incidence and Mortality: A report of the Population Based Stroke Registries'** has brought out critical epidemiological data on the incidence of first-ever stroke and stroke mortality burden of populations in five different regions of India. The first report of the five population-based stroke registries shall facilitate planning of public health interventions and strengthening acute stroke care services. I am pleased to note that all registry sites are the Multi-disciplinary Research Units (MRU) of the Department of Health Research.

I congratulate all the investigators and staff of registries, collaborating institutions, and ICMR- NCDIR, for their efforts in establishing the PBSRs and bringing out this report. I specially appreciate the members of the Research Area Panel -Stroke of ICMR-NCDIR for their guidance in steering the NSRP and bringing out this comprehensive report.

I look forward to this report being utilized to strengthen stroke epidemiological research and support prevention and control efforts in India. This work shall synergise with the efforts of ICMR on stroke prevention and control. I am confident that the National Stroke Registry Programme shall set the mechanism for ongoing monitoring and surveillance of stroke in the country.

(Balram Bhargava)



प्रो.(डॉ.) सुनील कुमार

एम.बी.बी.एस एवं एम.एस. (एम्स)

PROF. (Dr.) SUNIL KUMAR

MBBS & MS (AIIMS)

स्वास्थ्य सेवा महानिदेशक

DIRECTOR GENERAL OF HEALTH SERVICES



भारत सरकार
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Directorate General of Health Services



Message

The National Stroke Registry Programme is one of the important steps of the Indian Council of Medical Research in tune with its vision to strive to improve the health status of the nation. The first publication **“Stroke Incidence and Mortality: A report of the Population Based Stroke Registries, India”** exemplifies the untiring efforts to collect robust data on stroke burden in different regions of India. This report provides crucial evidence on stroke incidence and mortality in rural and urban populations in five regions of Cachar, Cuttack, Kota, Tirunelveli and Varanasi. The data shall be useful to plan for appropriate prevention and control efforts to reduce stroke burden through the Healthcare Delivery System.

Healthy eating, daily exercise, avoidance of tobacco & alcohol, less intake of salt, sugar & fat and adequate sleep are the foundations of healthy living. It remains the mainstay to prevent morbidity and mortality due to Non-Communicable Diseases including Stroke.

I congratulate ICMR- National Centre for Disease Informatics and Research, Bengaluru for releasing the report on the occasion of World Stroke Day.


(Sunil Kumar)