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Foreword

Stroke is one of the leading cause of death and disability in India. The burden of stroke on individuals, families and populations emphasizes the need for long term coordinated efforts in planning policies and programmes for its prevention and control, which is supported by authentic data and there by evidence.

ICMR-NCDIR has initiated the Population based stroke registry (PBSR) under its National Stroke Registry Programme (NSRP) to provide the epidemiological data on stroke incidence and mortality in the country. The registry is built on the framework of collecting data on first-stroke cases from imaging centres, hospitals and institutions that diagnose, treat or refer stroke.

'Stroke incidence and mortality: A report of the Population Based Stroke Registries, India' highlights stroke burden in the PBSRs in five cities namely Cachar, Cuttack, Kota, Tirunelveli and Varanasi in India. The report has provided comprehensive information on incidence, mortality and follow up of 'first ever stroke' cases for the year 2018-19.

ICMR-NCDIR has guided and coordinated the registries to publish the first report of the PBSRs, with the desired quality of data abstraction, collation and analysis.

I trust that this report will provide useful guidance on stroke surveillance and developing and sustaining health system interventions to reduce stroke burden in this country.

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Chair, Research Area Panel (RAP) -Stroke

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