

## **National NCD Monitoring Survey-2017**

The National Non-communicable Disease Monitoring Survey(NNMS) conducted by the Indian Council of Medical Research (ICMR) - National Center for Disease Informatics & Research (NCDIR), Bengaluru, Government of India with the support of Ministry of Health and Family Welfare, Govt. of India will assesses the national NCD targets and indicators. Accordingly, a total of 10 targets and 21 indicators are adopted under the National NCD Action plan & NCD Monitoring Framework by the Ministry of Health and Family Welfare, Govt. of India. The year 2010 will serve as a baseline for assessing the progress made for achieving the NCD targets in 2015, 2020 and 2025. In order to conduct this national level study, NCDIR has identified 10 implementing agencies that will carry out the survey across 27 states of the country.

The study will be done in 300 Urban and 300 Rural primary sampling units(PSU). Census enumeration block(CEB)in urban and villages in rural are the sampling units. Moreover, NNMS covers primary and secondary health facilities that will be selected from the PSUs. Twenty households will be selected from each PSU by random sampling method. Apart from collecting demographic details of the household, one adult (18-69yrs) and all adolescents (15-17yrs) will be eligible for participating the survey. Measurements in the survey: the survey mainly focus on NCD risk factors mainly tobacco consumption both smokeless and smoking, harmful intake of alcohol, dietary habits, dietary salt intake, physical measurements, physical activities, body mass index, fasting blood sugar and blood pressure. This information is collected using standard questionnaires by qualified medical social workers. This study will provide information on the prevalence of NCD risk factors in Indian population and will lead way for NCD Policies & Program implementation. The survey has been rolled out from 25th October-2017 for a period of 6 months.